

Detection of *Escherichia coli* O157:H7 in soil and water using multiplex PCR

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Aims: To evaluate the suitability of a multiplex PCR-based assay for sensitive and rapid detection of *Escherichia coli* O157:H7 in soil and water.

Methods and Results: Soil and water samples were spiked with *E. coli* O157:H7 and subjected to two stages of enrichment prior to multiplex PCR. Detection sensitivities were as high as 1 cfu ml⁻¹ drinking water and 2 cfu g⁻¹ soil. Starvation of *E. coli* O157:H7 for 35 d prior to addition to soil did not affect the ability of the assay to detect initial cell numbers as low as 10 cfu g⁻¹ soil. Use of an 8-h primary enrichment enabled detection of as few as 6 cfu g⁻¹ soil, and 10⁴ cfu g⁻¹ soil with a 6-h primary enrichment. When soil was inoculated with 10⁵ cfu g⁻¹, the PCR assay indicated persistence of *E. coli* O157:H7 during a 35 d incubation. However, when soil was inoculated with lower numbers of pathogen, PCR amplification signals indicated survival to be dependent on cell concentration.

Conclusions: A multiplex PCR-based assay, in combination with an enrichment strategy enabled sensitive and rapid detection of *E. coli* O157:H7 in soil and water.

Significance and Impact of the Study: The ability to sensitively detect *E. coli* O157:H7 in environmental material within one working day represents a considerable advancement over alternative more time-consuming methods for detection of this pathogen.

INTRODUCTION

In humans, production of one or more related toxins, the Shiga-like toxins, by *Escherichia coli* O157:H7, may lead to haemorrhagic colitis and, in severe cases, haemolytic-uraemic syndrome and thrombotic thrombo-cytopaenic purpura (Jones 1999). Ingestion of as few as 10 organisms may be sufficient to cause infection (Willshaw *et al.* 1994). A recent study showed that prevalence of *E. coli* O157:H7 within the UK cattle herd may be as high as 15.7% (Chapman *et al.* 1997). *Escherichia coli* O157:H7 is readily shed by cattle at rates ranging from 10² to 10⁵ cfu g⁻¹ (Zhao *et al.* 1995), making cattle faeces an important source of this pathogen in the environment and contact with contaminated faeces a risk to humans (Chapman 2000). Agricultural waste, which includes livestock slurries and manure, represents approximately 96% of total organic waste applied to land in

Scotland, which has been estimated to equate to an input of 15 million tonnes annually (Scottish Environment Protection Agency 1998). Thus, as well as direct animal input of contaminated faeces to soil, the current practice of agricultural waste disposal to land also represents a potential environmental hazard regarding prevalence of *E. coli* O157:H7.

There have been few systematic studies of survival of *E. coli* O157:H7 in the environment, particularly the terrestrial environment. Limited observations, however, suggest considerable survival periods in cattle faeces, silage, soil and municipal water (Wang and Doyle 1998; Fukushima *et al.* 1999; Maule 1999; Fenlon and Wilson 2000; Fenlon *et al.* 2000; Mubiru *et al.* 2000). The vertical transmission of *E. coli* O157:H7 from contaminated cattle faeces through soil has also been demonstrated, indicating risk of contamination of private drinking water supplies (Gagliardi and Karns 2000).

The possibility of prolonged survival of *E. coli* O157:H7 in the environment, linked to the intensive agricultural production systems being practiced in UK agriculture, pose potential risks of contamination to food crops and rural

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drinking water. In order to minimize risks of infection to producer and consumer, sensitive and rapid means of *E. coli* O157:H7 detection are required. To obtain sufficient sensitivity of *E. coli* O157:H7 detection, traditional methods have relied upon a preliminary enrichment step followed by plating on selective media, such as Sorbitol MacConkey agar (SMAC) and screening negative sorbitol-fermenting colonies using latex antibody agglutination assays (Taormina *et al.* 1998). Selectivity for the O157:H7 serotype has been improved using selective additions to SMAC agar including rhamnose, cefixime and potassium tellurite (Chapman *et al.* 1991; Zadik *et al.* 1993). Additional methods, such as the introduction of immunomagnetic separation (IMS) during enrichment, have improved sensitivity and selectivity of detection assays (Wright *et al.* 1994). A major limitation of these methods, however, is the time required for positive identification of the O157:H7 serotype. Further characterization of the potential of isolates to produce Shiga-like toxin also adds to the time and expense of culture-based assays.

Recent evidence suggests that antibody-based approaches, such as IMS, may result in false negative detection of *E. coli* O157:H7 due to loss of surface antigen properties induced by starvation (Hara-Kudo *et al.* 2000). This may be particularly likely in the environment where starvation conditions will prevail. In contrast to antibody-based methods, PCR-based detection tends to be more rapid and can eliminate many of the problems associated with culture-based methods. By targeting nucleic acid, PCR approaches avoid the problems of relying on expression of unique phenotypes associated with the *E. coli* O157:H7 serotype. Numerous PCR-based assays for *E. coli* O157:H7 are reported in the literature (e.g. Meng *et al.* 1997; Nagano *et al.* 1998; Oberst *et al.* 1998; Fratamico *et al.* 2000). A multiplex PCR approach, can further improve the specificity of a PCR assay to the O157:H7 serotype, overcoming a problem observed using only single gene target PCR formats (e.g. Hu *et al.* 1999; Fratamico *et al.* 2000). Information on important *E. coli* O157:H7 markers, such as the presence of O157, H7, intimin and Shiga-like toxin genes, can be obtained in one step (Hu *et al.* 1999). Thus PCR-based approaches offer the potential to be more rapid than other methods of *E. coli* O157:H7 detection. The overall aim of this study, therefore, was to assess the suitability of a multiplex PCR-based assay, previously designed by Hu *et al.* (1999), in combination with an enrichment step, for detection of *E. coli* O157:H7 in soil and water samples. Specific objectives were to investigate the detection sensitivity of this assay, assess the effects of cell starvation on detection sensitivity and determine the minimum enrichment time required for positive identification of the O157:H7 serotype. A final objective was to use the multiplex PCR assay to monitor change in pathogen populations introduced into soil.

MATERIALS AND METHODS

Bacterial strain

Escherichia coli O157:H7 strain 3704 was used throughout this study. Strain 3704 is a nontoxigenic environmental isolate obtained from the *E. coli* Reference Laboratory, Aberdeen. The strain was originally isolated from a farm drain and has been proven to be nontoxigenic due to the absence of toxin activity (by Verocell assay) and toxin genes (by PCR) (F. Thomson-Carter, unpublished observation).

Environmental samples

All samples were collected in June 2000. Two Scottish soils, Cruden Bay (clay loam) and Glencorse (clay loam) were used in this study. Soils were sampled from 0 to 25 cm depth and homogenized by passage through a 3·35-mm sieve. Samples of river water were obtained from the Rivers Dee and Don in Aberdeen. Private drinking water was obtained from a 10-m deep well on pasture grassland in rural Aberdeenshire. Prior to use, all samples were stored at 4°C. Unless otherwise stated, all soil data are presented on a dry weight basis.

PCR detection sensitivity in different environmental matrices

A 15-h stationary phase culture of *E. coli* O157:H7 strain 3704 was serially diluted in sterile, quarter-strength Ringer's solution (Fisher Scientific UK Ltd). Dilutions were plated on Luria Bertani (LB) agar and incubated at 37°C for 18 h and cell numbers calculated from the mean number of colony forming units (cfu) obtained from triplicate plates at the appropriate dilution. Soil (10 g fresh weight) or water (10 ml) was then inoculated with 0·8 ml aliquots of this dilution series. To ensure even distribution of added cells, soil and inocula were thoroughly mixed using a sterile spatula and water samples mixed by gentle, end over end inversion. After mixing, 1 g soil (fresh weight) or 1 ml of water was added to sterile 50-ml plastic incubation tubes (Greiner Labortechnik Ltd, Stonehouse, UK) containing 20 ml of Tryptone Soya Broth (TSB) (Oxoid Ltd, Basingstoke, UK). Inoculated tubes were incubated at 37°C with continuous shaking (200 rev min⁻¹) in an orbital shaker (Stuart Scientific, Redhill, UK) for 15 h. Following incubation, 2 ml of primary enrichment was added to 20 ml of TSB and incubated for 6 h under the conditions described. Secondary enrichment cultures were then centrifuged at 10 000 g for 15 min. After centrifugation, supernatants were discarded and cell pellets were frozen at -20°C prior to molecular analysis.

Preparation of DNA template and PCR analysis

Cell pellets were suspended in 5 ml of quarter-strength Ringer's solution and briefly vortexed. A 1-ml sample of cells was then transferred to a sterile Eppendorf tube and centrifuged at 15 700 *g* for 10 min. Following centrifugation, cell pellets were re-suspended in 1 ml sterile distilled H₂O and boiled for 20 min. After boiling, lysed cell debris was removed by centrifugation (15 700 *g*, 10 min) and DNA in supernatant transferred to a fresh Eppendorf tube.

Multiplex PCR was performed on extracted DNA using primers targeting genes associated with O157, H7, intimin, Shiga-like toxin I and Shiga-like toxin II of *E. coli* O157:H7. The amplification primers, PCR cycling conditions and agarose gel electrophoresis visualization of PCR products were as described by Hu *et al.* (1999), with the exception that 1.5 µl of template DNA (corresponding to approximately 10 ng PCR reaction⁻¹) was used as the PCR template throughout the study.

Effects of cell starvation on PCR detection sensitivity

A 20-ml volume of 15 h stationary phase *E. coli* O157:H7 culture was centrifuged at 10 000 *g* for 10 min. After discarding supernatant, cell pellets were washed twice with sterile quarter-strength Ringer's solution and finally re-suspended in 20 ml of quarter-strength Ringer's solution. Aliquots of re-suspended cells (1 ml) were then dispensed into Eppendorf tubes, placed in a 25°C incubator and starved for 0, 1, 3, 7, 14, 21 and 35 d. Addition of cells to Glencorse soil, enrichment conditions and PCR analysis were as previously described.

Minimum enrichment time and PCR detection sensitivity

The effects of enrichment time on detection sensitivity of the PCR assay were investigated using DNA extracted at various time points from enrichment cultures of Glencorse soil spiked with different numbers of *E. coli* O157:H7. Only primary enrichment cultures were used in the PCR analysis. After incubation, under the conditions described previously, a 15-ml volume of enrichment was centrifuged at 10 000 *g* for 15 min to collect cells. DNA extraction and PCR analysis were as previously described.

PCR detection of *E. coli* O157:H7 population change in Glencorse soil

Soil microcosms consisted of a plastic 20-ml Universal bottle containing 10 g (fresh weight) Glencorse soil. Soil microcosms were spiked with 10-fold serial dilutions of 15 h

stationary phase *E. coli* O157:H7 using the procedures described above and sealed with parafilm and incubated at 25°C. Addition of inoculum to soil resulted in a moisture content of 52% of soil maximum water holding capacity, which was maintained throughout the experiment by measurement of microcosm mass and aseptic addition of sterile dH₂O if required. Microcosms were sampled after 0, 7, 14, 21 and 35 d by removing 1 g (fresh weight) soil for analysis. Secondary enrichment and PCR analysis were as previously described.

RESULTS AND DISCUSSION

Multiplex PCR detection sensitivity in different environmental matrices

Multiplex PCR analysis of pure cultures of nontoxigenic *E. coli* O157:H7 strain 3704 revealed three distinct bands of expected size, corresponding to H7, intimin and O157 (Fig. 1). No PCR amplicons of the expected size were observed for Shiga-like toxin I and Shiga-like toxin II genes confirming previous data on the absence of toxin genes (by PCR) in this strain (F. Thomson-Carter, unpublished observation).

The sensitivity and robustness of the PCR-based assay were investigated by spiking different environmental samples with decreasing numbers of stationary phase *E. coli* O157:H7 and subjecting spiked material to a primary and secondary enrichment prior to DNA extraction and PCR amplification. The assay was extremely sensitive, capable of detecting initial *E. coli* O157:H7 populations ≤ 10 cfu g⁻¹ or ml⁻¹ in all of the environmental matrices tested (Table 1). Indeed, after enrichment, it was possible to detect *E. coli* O157:H7 populations as few as 1 cfu ml⁻¹ in private drinking water. The assay was robust in contrasting soils, as soil properties such as humic content have been reported to inhibit PCR (Tebbe and Vahjen 1993). PCR amplification in the different soils used in this study, may therefore have arisen from dilution of PCR-inhibiting soil compounds in the secondary enrichment, while at the same time, enrichment served to increase numbers of the target bacteria.

Effects of cell starvation on PCR detection sensitivity

Throughout this study stationary phase cells of *E. coli* O157:H7 were added to soil. The ability to detect stationary phase starved populations of *E. coli* O157:H7 may be particularly important in environmental samples, where substrate concentrations are unlikely to favour growth. The limited data available suggest that *E. coli* O157:H7 can remain viable in soil and water for

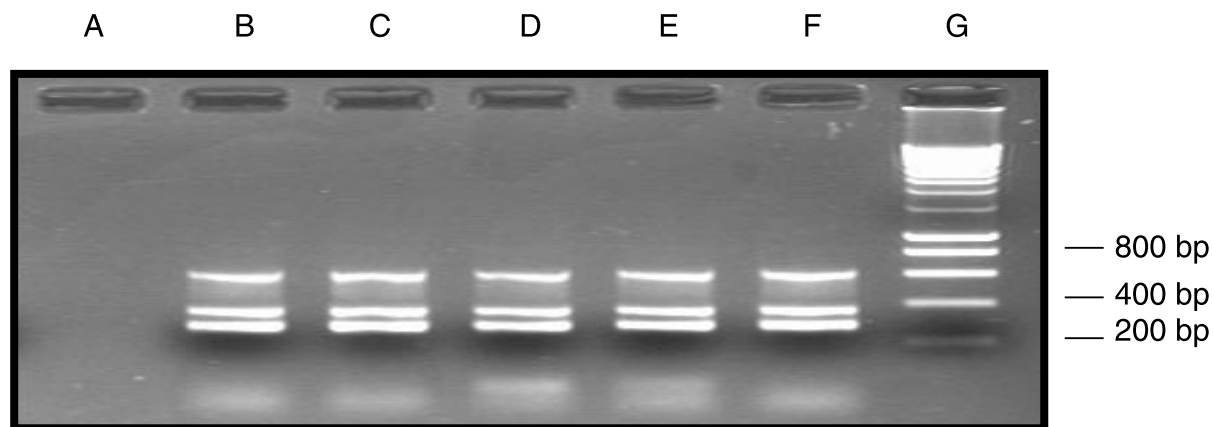


Fig. 1 Agarose gel electrophoresis of PCR amplified DNA from nontoxigenic *Escherichia coli* O157:H7 strain 3704 using H7, intimin and O157 PCR primers. H7 gene product (625 bp); intimin (368 bp) and O157 (292 bp). Lanes: (A) negative control (no template); (B–F) *E. coli* O157:H7 strain 3704; (G) HyperLadder (Biolone, UK, Ltd)

Table 1 PCR detection sensitivity for nontoxigenic *Escherichia coli* O157:H7 strain 3704 in a variety of different environmental matrices

Environmental material	PCR detection sensitivity
Glencorse agricultural soil	3 cfu g ⁻¹ oven dry soil
Cruden Bay agricultural soil	10 cfu g ⁻¹ oven dry soil
River Don water	8 cfu ml ⁻¹ water
River Dee water	6 cfu ml ⁻¹ water
Private drinking water	1 cfu ml ⁻¹ water

Numbers presented represent initial cfu added to sample.

considerable lengths of time (Wang and Doyle 1998; Fenlon *et al.* 2000; Mubiru *et al.* 2000). It is likely therefore that during survival in such environments, cells will encounter conditions of stress, such as nutrient starvation. This may alter the ability of *E. coli* O157:H7 to compete with indigenous microbial populations for nutrients during subsequent enrichment stages of detection, particularly when cell concentrations are low. This has been shown in studies in ground meat where stressing *E. coli* O157:H7 has been shown to reduce recovery of cells on nutrient agar (Rocelle *et al.* 1995). Experiments conducted in this study exposed cultures of *E. coli* O157:H7 to a range of periods of starvation in phosphate buffer, prior to soil inoculation. Starvation did not affect detection of low cell numbers in soil by the PCR assay (Table 2). Even after starvation for 35 d, the assay was sufficiently sensitive to detect numbers of *E. coli* O157:H7 as low as 10 cfu g⁻¹ soil. Previous studies, reporting high PCR detection sensitivities in bovine faeces and meat, are limited through the use of freshly prepared cell cultures as inocula for spiking material (Hu *et al.* 1999; Sharma *et al.* 1999). However, in this study, the ability to detect low numbers of starved

Table 2 PCR detection sensitivity for nontoxigenic *Escherichia coli* O157:H7 strain 3704 in Glencorse soil

Starvation period (d)	PCR detection level (cfu g ⁻¹ oven dry soil)
0	3
1	3
3	7
7	2
14	3
21	3
35	10

Cells were starved in phosphate buffer for 1–35 d before inoculation into soil. Numbers presented represent initial cfu added to soil.

populations of *E. coli* O157:H7 was encouraging and increases confidence in the use of enrichment and PCR-based strategies for detection of this pathogen in environmental samples.

Cattle faeces are likely to be highly contaminated with other coliforms and serotypes of *E. coli* other than O157:H7. Environmental material was only inoculated with pure cultures of *E. coli* O157:H7, thus, possibly eliminating any competition effects during enrichment from other coliform bacteria that may have been introduced through cattle faeces. Previous studies, using the same enrichment media and PCR primers for detection of *E. coli* O157:H7 in spiked bovine faeces, reported sensitive pathogen detection down to initial inoculum values of 1 cfu g⁻¹ material (Hu *et al.* 1999). These data suggest that enrichment conditions were appropriate, enabling growth of low numbers of target *E. coli* O157:H7 population despite the potential presence of other competing coliform bacteria that are likely to be high in cattle faeces.

Minimum enrichment time and PCR detection sensitivity

Traditional culture based approaches for the detection of *E. coli* O157:H7, such as growth on SMAC agar, and further screening for production of Shiga-like toxin may take several days. Techniques which rapidly detect presence of pathogen are highly desirable, potentially accelerating diagnosis of disease in an individual, enabling earlier treatment. Rapid detection of the O157:H7 serotype in environmental samples may also be of benefit in screening private drinking water prior to human consumption, obtained from sources in proximity to agricultural land. In this study, the effects of length of enrichment time on PCR detection sensitivity of *E. coli* O157:H7 in Glencorse soil were investigated. Enrichment times as short as 6 h were required for

simultaneous amplification of H7, intimin and O157 encoding genes when soil received an initial inoculum of $\geq 1.13 \times 10^4$ cfu g⁻¹ soil (Fig. 2). Faint bands, corresponding to the intimin and O157, but not the H7 gene products, could also be detected from soil that had been initially spiked with 1.13×10^2 and 1.13×10^3 cfu g⁻¹ soil. According to the original study which developed this multiplex PCR assay and tested 19 different *E. coli* serotypes, the presence of the intimin amplicon on its own was sufficient to differentiate the O157:H7 serotype from other *E. coli* serotypes (Hu *et al.* 1999). The weakness or complete absence of the H7 product indicates inefficiency of amplification of this larger gene target during amplification. Despite this, increasing primary enrichment time to 8 h enabled detection of as few as 1.36×10^2 cfu g⁻¹ soil through simultaneous amplification of the three gene targets (Fig. 3). PCR products

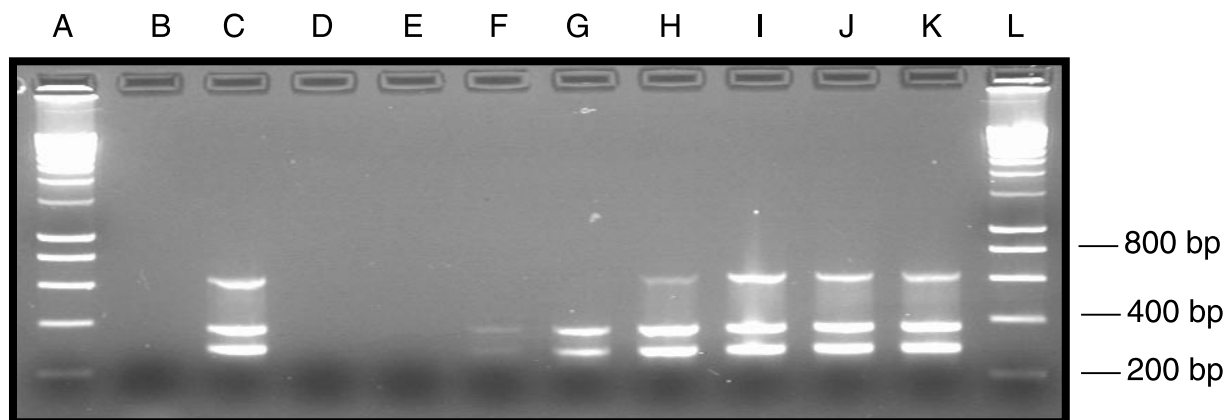


Fig. 2 Agarose gel electrophoresis demonstrating detection sensitivity of PCR for nontoxigenic *E. coli* O157:H7 strain 3704 after 6 h primary enrichment of Glencorse soil. Lanes: (A and L) HyperLadder (Bioline, UK, Ltd); (B) negative control (no template); (C) positive control pure culture DNA; (D) negative control, uninoculated soil; (E) 1.13×10^1 ; (F) 1.13×10^2 ; (G) 1.13×10^3 ; (H) 1.13×10^4 ; (I) 1.13×10^5 ; (J) 1.13×10^6 ; and (K) 1.13×10^7 cfu g⁻¹ soil

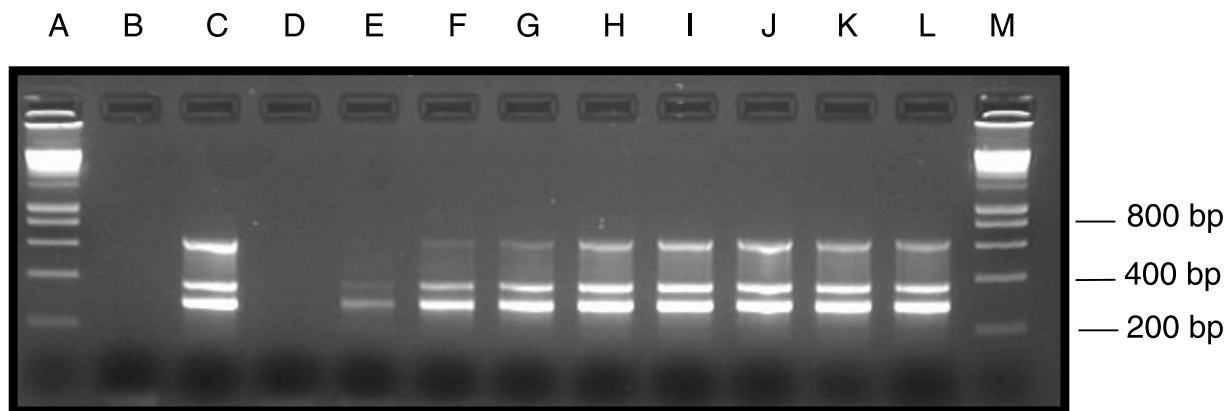


Fig. 3 Agarose gel electrophoresis demonstrating detection sensitivity of PCR for nontoxigenic *E. coli* O157:H7 strain 3704 after 8 h primary enrichment of Glencorse soil. Lanes: (A and M) HyperLadder (Bioline, UK, Ltd); (B) negative control (no template); (C) positive control pure culture DNA; (D) negative control, uninoculated soil; (E) 1.36×10^1 ; (F) 1.36×10^2 ; (G) 1.36×10^3 ; (H) 1.36×10^4 ; (I) 1.36×10^5 ; (J) 1.36×10^6 ; (K) 1.36×10^7 and (L) 1.36×10^8 cfu g⁻¹ soil

corresponding to O157 and intimin were also obtained from soil spiked with 1.36×10^1 cfu g⁻¹ soil, although again the H7 product was absent. Use of an 8-h primary soil enrichment, along with the multiplex PCR approach described here, offers the possibility of sensitive detection of *E. coli* O157:H7 in soil within one working day. Pathogen detection time in soil and water could further be reduced by use of fluorogenic probes in PCR reactions (Bassler *et al.* 1995; Oberst *et al.* 1998; Sharma *et al.* 1999). This method avoids the need for agarose gel visualization of postamplification products due to the release of a fluorogenic reporter dye during DNA polymerization (Lee *et al.* 1993). Further, the application of rapid PCR thermal-cycling instrumentation coupled with the use of fluorogenic probes have resulted in PCR assay times as little as 20 min for detection of *Bacillus* spores (Belgrader *et al.* 2000). It may therefore be possible to combine these technologies for rapid detection of *E. coli* O157:H7.

PCR detection of *E. coli* O157:H7 population changes in Glencorse soil

Glencorse soil was inoculated with a range of stationary phase *E. coli* O157:H7 cell numbers and sampled at various time points for 35 d. Data indicated survival was dependent on initial cfu numbers added to soil (Table 3). With lower numbers of *E. coli* O157:H7 added, positive PCR amplicons indicated poorer survival than for soil receiving higher loadings of target bacteria. Data suggested a 10-fold decrease in cell concentration each week irrespective of initial cell concentration. With soil seeded with 3×10^5 cfu g⁻¹ soil, positive PCR signals were observed throughout the 35 d incubation. However, for soil seeded with only 3 cfu g⁻¹ soil, a positive PCR signal was only observed at 0 d. These data suggest that a critical loading of *E. coli* O157:H7 is an important consideration relating to survival of this micro-organism in soil. The limited studies which have reported long-term survival of *E. coli* O157:H7 in soil have used relatively large inocula of this bacterium (10^6 – 10^7 cfu g⁻¹ soil)

Table 3 PCR detection of nontoxigenic *Escherichia coli* O157:H7 strain 3704 in Glencorse soil

Initial cell concentration (cfu g ⁻¹ soil)	0 d	7 d	14 d	21 d	35 d
3×10^5	+	+	+	+	+
3×10^4	+	+	+	+	–
3×10^3	+	+	+	+	–
3×10^2	+	+	+	–	–
3×10^1	+	+	–	–	–
3×10^0	+	–	–	–	–

Numbers presented represent initial cfu added to soil.

(Maule 1999; Fenlon *et al.* 2000; Mubiru *et al.* 2000). Such studies should therefore be regarded in the context of worst case risk for *E. coli* O157:H7 persistence. Research should also focus on examining survival in relation to smaller *E. coli* O157:H7 inocula in soil. This may be more appropriate, as numbers of *E. coli* O157:H7 present in cattle faeces are reported to be in the range of 10^2 – 10^5 cfu g⁻¹ faeces (Zhao *et al.* 1995; Shere *et al.* 1998).

CONCLUSION

In summary, a multiplex PCR-based approach in combination with an enrichment strategy, has been used for sensitive detection of *E. coli* O157:H7 in a variety of contrasting environmental materials. Speed and sensitivity make this assay potentially useful for screening rural drinking water supplies that are currently at high risk of *E. coli* O157:H7 contamination. Employing the conditions reported in this study, it is possible to obtain sensitive detection of *E. coli* O157:H7 in soil and water within one working day.

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